



# ATHLETIC DEPARTMENT

*Home of the Titans*



## 2010 Titans Swimming

DATE	DAY	GAME TIME	OPPONENT	LOCATION	RELEASE TIME	BUS TIME
<b>Mar 5</b>	<b>Friday</b>	<b>4:00</b>	<b>Foothill*</b>	<b>Antelope</b>	<b>2:30</b>	
Mar 11	Thursday	4:00	Rio Linda*	Rio Linda	2:30	
Mar 12	Friday	NOON	Invitational	Woodcreek	9:15 AM	9:30AM
Mar 13	Saturday	9:00 AM	Invitational	Woodcreek	NA	
<b>Mar 19</b>	<b>Friday</b>	<b>4:00</b>	<b>River City*</b>	<b>Antelope</b>	<b>2:30</b>	
Mar 26	Friday	4:00	West Campus*	Fruitridge Aquatics Center	1:50	2:00PM
<b>April 7</b>	<b>Wednesday</b>	<b>4:00</b>	<b>Woodcreek</b>	<b>Antelope</b>	<b>2:30</b>	
<b>April 9</b>	<b>Friday</b>	<b>4:00</b>	<b>Dixon*</b>	<b>Antelope</b>	<b>2:30</b>	
April 16	Friday	4:00	Consumnes Oaks*	Laguna Creek Racquet Club	1:45	2:00PM
April 17	Saturday	All Day	Rio Linda	Relays	All Day	
<b>April 23</b>	<b>Friday</b>	<b>4:00</b>	<b>Center*</b>	<b>Antelope</b>	<b>2:30</b>	
April 30	Friday	11:00 AM	League Meet*	Rio Linda	9:15 AM	
May 1	Saturday	10:00 AM	League Meet*	Rio Linda		
May 13	Thursday	All day	Girls Sections	Trials		
May 14	Friday	All day	Boys Sections	Trials		
May 15	Saturday	All day	Section	Finals		

**Head Coach:** Mallory Hills

**E-mail:** [mhills@rjuhsd.us](mailto:mhills@rjuhsd.us)

\* denotes league meet

**Bold** denotes home meet

John Becker  
Principal  
916-726-1400  
jbecker@rjuhsd.us

Mike Triolo  
Athletic Director  
916-726-1400  
mtriolo@rjuhsd.us

1 Titan Drive, Antelope, CA 95843  
Roseville Joint Union High School District