



ANTELOPE HIGH SCHOOL



Cross Country 2009-10

DATE	DAY	GAME TIME	OPPONENT	LOCATION	RELEASE TIME	BUS TIME
Sep 5	Sat	TBD	Laguna Valley Classic Invite	Vacaville, CA	JV/ V	Van
Sep 12	Sat	TBD	Nevada Union Invite	Grass Valley, CA	JV/V	Van
Sep 16	Wed	TBD	CVC League #1	Dixon HS	JV/V	Van
Sep 19	Sat	TBD	Nike Invite	Concord, CA	JV/V	Van
Sep 26	Sat	TBD	Stanford Invite	Palo Alto, CA	V	Van
Sep 30	Wed	TBD	CVC League #2	Elk Grove Park	JV/V	Van
Oct 14	Wed	TBD	CVC League #3	Granite park	JV/V	Van
Oct 17	Sat	TBD	Bronco Invite	Folsom	JV/V	Van
Oct 24	Sat	TBD	Mt Sac Invite	Pasadena, CA	V	Van
Oct 28	Wed	TBD	CVC League Final	Folsom HS	JV/V	Van
Nov 7	Sat	TBD	Sub-Sections	Angels Camp	JV/V	Van
Nov 14	Sat	TBD	Sections	Folsom	JV/V	Van
Nov 21	Sat	TBD	State	Fresno	V	Van

Head Coach: Alison Warr
Principal: John Becker
Athletic Director: Mike Triolo
Mascot: Titans